

What is cdmNet?

Precedence Health Care's cdmNet is a web-based health service that assists your GP to personalise your care plan and to share securely it in collaboration with your care team. Members of your care team will be able to see your care plan and enter notes about your care using the cdmNet web portal. cdmNet assists your care team to better coordinate your care and helps remind you of appointments that you need to make with the care team. Your cdmNet care plan is created and securely managed by your GP using the cdmNet web portal at cdm.net.au

Evidence shows that people with a chronic illness who have a care plan to manage their condition have significantly improved health outcomes.

The Care Plan

A Care Plan includes:

- A record of your health status;
- Health history;
- Medications;
- Allergies; and
- A list of all the tasks recommended for you and members of your care team.

Your Care Team

Your care team may consist of:

- Your GP & Practice Nurse
- Health care professionals nominated by your GP in your care plan (for example, podiatrist, optician, pharmacist or medical specialist).

What Happens Now?

Patient Access

You can access and contribute to your care plan via your own individual account using the same web portal cdm.net.au. If your GP entered your email address when they created your care plan, details of your account will be emailed to you. If you have not been given or received this information, please call or email cdmNet Support.

SMS and Email Reminders

If your GP provided cdmNet with your mobile number or email address you may receive reminders to make or attend appointments in your care plan. If you do not wish to receive reminders you can change your preferences on the website.

cdmNet Web Portal

Using the cdmNet web portal, you can view all the health information relevant to your care plan, such as medical history, current medications and allergies, as well as a detailed description of your care plan and a history of important measurements, such as body weight, blood pressure and blood sugar levels. You can add notes and your own measurements to the care plan at any time. You can also record appointments you have made with your care team (for example, your podiatrist) via the **Planning** section in the cdmNet web portal – simply click the appropriate cell in the **Next** column. This will allow cdmNet to provide you with timely reminders to attend your appointment.

cdmNet Security and Privacy

Precedence Health Care is dedicated to protecting the privacy, security and confidentiality of your personal health information and complies with the Victorian Health Records Act 2001 and the Commonwealth Privacy Act 1998. The Privacy Policy is available at cdm.net.au/help/privacy

The policy will inform you of the information management practices of Precedence Health Care. All cdmNet users, including your GP and your care team are required to agree to the cdmNet Terms and Conditions of use prior to using cdmNet. The agreement is also available at cdm.net.au/help/privacy.